

Andrew Pike

Pumphead Manifesto Draft

For Discussion Only

My **pumphead manifesto** is a clear, open message to our medical care teams about our goals and values. It helps our doctors and nurses understand our personal vision for life after heart surgery. This draft guide invites our providers to partner with us, ensuring our treatment aligns with the active, healthy future we want to achieve.

I invite you to get in touch and let me know your thoughts on this draft and any suggestions for changes and additions. You can contact me directly by email

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1. We are constantly grateful to the medical professionals who saved our lives and gave us a future.
2. We want them to continue doing what they do so effectively.
3. We ask that they do a little more and really listen to us when we express our concerns, and consider what we have to say.
4. We also ask that medical professionals be informed and stand ready to refer us promptly to appropriate psychologists or counsellors when we say we are having psychological after-effects from surgery.
5. We ask that they do not label our concerns and compartmentalise them into pre-conceived categories but see them as the individual concerns of individual human beings.
6. We ask for the provision of opportunities in cardiac rehab programs for us to express our concerns and to share and discuss these concerns with other patients.
7. We ask for the provision of long term – **very** long term (open-ended in fact) – opportunities to attend supervised group meetings with fellow patients where we can share our experiences.
8. We ask that the medical professionals and cardiac rehab professionals be less directive in their relationship with us and see us as individual human beings and share our journeys.

Further information about the Pumphead film:

- Here's a link to the trailer for my film '[Pumphead](#)'.
- Here is the [Ronin Films website](#) for orders and information.
- We now also have a British distributor, [Concord Media](#), who also have a low-cost link to Vimeo-on-Demand.

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